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Title of Invention

MOVING PUNCHING BAG AND METHOD

First Named Applicant :

Mr. Charles Dana Shipes

Attorney Docket Number :

SHI-01

I hereby appoint the registered practitioner(s) at Customer Number:

23508



as attorney(s) or agent(s) to prosecute the application identified above, and to transact all business in the United States Patent and Trademark Office connected therewith.

I am the Applicant/Inventor.

Full Name of Applicant of Record:

Mr. Charles Dana Shipes

Signature: /s/

Date: 2004-08-02
